

# ANDROSCOGGIN HEAD START AND CHILD CARE *Annual Report* 2010-2011

For all classroom  
locations and programs,  
contact the  
Enrollment Office  
795-4040 ext. 325

## LOCATIONS

### Lewiston

- B-Street Head Start Pre-K and Child Care
- Coburn Head Start Pre-K
- Androscoggin Early Head Start
- Hillview Head Start Pre-K
- River Street Head Start Pre-K and Child Care

### Auburn

- FDC Head Start Pre-K
- Walton Head Start Pre-K
- Washburn Early Head Start
- Washburn Head Start Pre-K and Child Care

### Lisbon Falls

- Lisbon Falls Head Start Pre-K

### Livermore Falls

- Livermore Falls Head Start Pre-K

## PROGRAMS

- Child and Adult Care Food Program
- Family Child Care
- Home Based and Early Home Based

**All programs are  
offered throughout  
Androscoggin County  
795-4040 ext. 325**

### Mission Statement:

Androscoggin Head Start and Child Care promotes the positive growth of children, families, and staff.

*Dear Friends, families, staff, and supporters of Androscoggin Head Start and Child Care:*

As we come to the conclusion of another school year, I want to express my gratitude to all of the wonderful people who make our programs such a success. Daily, they ensure that young children are exposed to safe environments, responsive caregivers, and stimulating experiences that will give them a great start in life.

Our Classroom Staff, who work tirelessly to make sure every child has the education they need to not only begin kindergarten, but also to grow and excel as members of our society;

Our Home Base Staff, who work to help families achieve their goals, and assist the family in using their surroundings to educate their children;

Our Office Staff, who make our Agency run smoothly every day;

Our Food Service Staff, who make sure that all children are eating nutritious meals every day;

Our Facilities Staff, who make sure that classrooms are clean, playgrounds are safe, and

Our Volunteers, who assist our children and staff when assistance is needed - we could not make our classrooms run smoothly without you!

And especially, Our Parents, who bring their children to our classes no matter what the weather, because they know that their child receives a Head Start when they are in school.

Thank you for all that you do, for all of your time and support, and most of all, for your dedication to all of the children in our community.

Androscoggin Head Start and Child Care could not make the impact that we do without you!

For your efforts, I am eternally grateful.

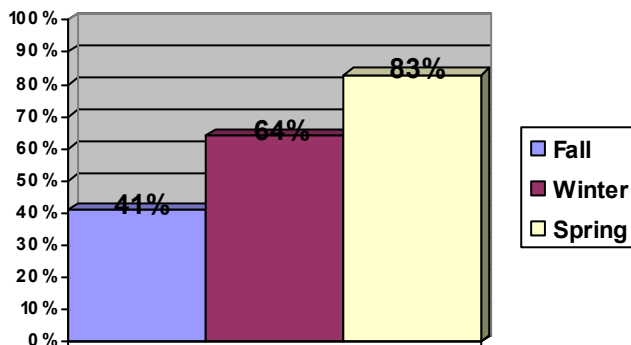
Estelle Rubinstein, Executive Director



**2010-2011 CHILD OUTCOMES  
PRE-SCHOOL CHILDREN'S SCHOOL  
READINESS SKILLS NEARLY DOUBLE IN  
ONE YEAR OF HEAD START!**

AHSCC measures child outcomes for three to five year old children using the Developmental Continuum tool created by Creative Curriculum. This tool measures children's progress in all Head Start Domains and 13 mandated indicators as well as social and emotional, physical, cognitive and language development. The below graph depicts the outcomes:

**Androscoggin Head Start and Child Care  
2010-2011 Developmental Assessment  
children ages 4-5  
% of Children reaching steps II and III of  
Developmental Continuum**



- This assessment is based on data collected from Developmental Continuum (Creative Continuum)
- Children in this report have received 1 year of Head Start Services
- This graph includes all children with diagnosed disabilities

**PARENT INVOLVEMENT**

Parents of enrolled children were invited and encouraged to participate in numerous trainings, committees, and activities throughout the program year. Training topics covered during the year include: medical/dental, mental health, nutrition, child health, pedestrian and bus safety, child development, transitions, food budgeting, home safety and family literacy. These topics are presented during monthly meetings held at each site.

Parents were also invited to join us for agency wide parent trainings. Our first event "Great Gifts You Can Make" was held at our Lewiston site and, in addition, Barbara Bilodeau, Family Support Specialist, was also able to offer a "Road Show" version of the event at several Head Start sites. Androscoggin Head Start and Early Reading First collaborated to present "Spring Into Summer—A Family Literacy Party" at the Lewiston Public Library with a total attendance of 222! A male involvement plan was developed in collaboration with families, staff and with the help of Michael Sandberg, Early Childhood Consultant. On April 7<sup>th</sup> two of our policy council parents participated in "Head Start Goes to Augusta", joining Head Start parents from around the state to meet with legislators and learn more about the legislative process. We would like to thank the Lewiston Maineiacs for providing tickets to attend two hockey games this year at the Colisee—this is always a popular event!



*Photo right: Officers from the Lewiston Police Department's B Street Community Resource Office visit Head Start classrooms regularly to read to and play with the children.*

**SCHOOL READINESS AND EFFORTS TO PREPARE CHILDREN FOR KINDERGARTEN**

Teaching staff identify children transitioning to kindergarten and begin the transition process discussions early in the fall to ensure that all team members are familiar with the child's plan and timelines. The goal being that our families will obtain a level of comfort necessary for a successful transition into the public school system.

Activities that enhance and support collaboration between the Agency and area School Systems include:

- ◆ Sharing training resources.
- ◆ Reciprocal attendance at PET's and ECT's.
- ◆ Family Literacy projects and opportunities that occur in centers.
- ◆ Opportunity for reciprocal visit between Head Start teachers and Kindergarten teachers.
- ◆ Collaboration or sharing of equipment and space.
- ◆ Participation on transition and curriculum advisory committees.

Activities that support children and families as they transition to the School System include:

- ◆ having an opportunity to visit a kindergarten classroom.
- ◆ Area kindergarten teachers attend Head Start Parent Meetings to discuss kindergarten.
- ◆ With a parent's permission, a child's relevant record will be transferred from Head Start to the school system.
- ◆ Head Start teachers arrange to meet with public school teachers regarding all children entering Kindergarten.

Pertinent information on all children is shared.

- ◆ Kindergarten screening information provided to all families.
- ◆ Information regarding area resources and meetings provided to all families (Maine Parent Federation, CDS-First Step, etc.)



**CHILDREN AND FAMILIES SERVED**

Androscoggin Head Start and Child Care is funded to provide services to a total of 328 children in classrooms and homes throughout Androscoggin County. During 2010-2011, Androscoggin Head Start and Child Care provided services to a total of 397\* children (as of May 19, 2011).

*\*This figure includes all children that received services from any of our programs throughout the year, as well as children funded through State and Federal Funds.*

Program 2010-2011	Children Enrolled
Head Start Pre-Kindergarten	191
Head Start and Child Care	103
Early Head Start and Child Care	32
Home Based	58
Family Child Care	13
<b>Total Children Enrolled*</b>	<b>397</b>



**COMMUNITY PARTNERS IN HEALTH**

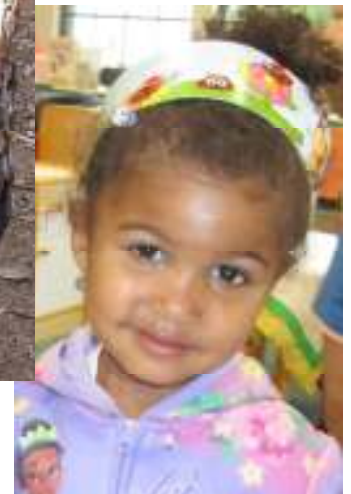
Androscoggin Head Start and Child Care has outstanding community partners! Our memorandums of Understanding with Community Dental Lewiston and B Street Dental have helped us greatly in our goal to meet our Federal Mandates regarding Oral Health. Our “On Site Lead Screening Clinics” done by St. Mary’s Regional Medical Center WorkMed have made it possible to meet another mandate—that all children receive a blood screening for lead poisoning.

Our Health Services Advisory Committee is another example of the outstanding support that we receive. It is comprised of many and varied health professionals as well as parents and staff. There are currently 25 members, all very generous with their time and expertise.

AHSCC is deeply grateful to all of our community partners. The support they provide allows us to continue to offer the children of Androscoggin County a Head Start!



Children with Diagnosed Disabilities Receiving Special Services 2010-2011	
Speech Therapy	90
Occupational Therapy	35
Physical Therapy	12
Developmental Therapy	35
Social/Emotional	5
Autism	1



**HEALTH STATISTICS**

AHSCC promotes preventative and primary health care for children and families through the provision of the Early and Periodic Screening, Diagnosis and Treatment Program (EPSDT). This past year, 95% of all the children in our programs received 100% of the mandated health screening examinations and treatments.

The greatest challenge for low income children and families in Androscoggin County is dental services. AHSCC ranks above the State of Maine average for dental services to children enrolled.

**Androscoggin Head Start and Child Care does not discriminate against any child because of race, color, national origin, sex, age, handicap, or religion.**

**FISCAL OVERVIEW**

by Sharon Philbrook Bergeron, Financial Director and Paul Gurney, Financial Officer

Androscoggin Head Start and Child Care’s mission to promote the positive growth of children, families and staff is made possible with local, state, and federal funding and through donations from communities throughout the County in the form of space, services, and goods. Local contributions are the backbone of the Agency because they provide the matching dollars (actual or donated) for the State and federal funds.

EXPENDITURES 10/01/09 to 9/30/10		
Wages and Fringe	\$ 3,322,041	68%
In-Kind Donations	\$ 550,605	11%
Facility and Miscellaneous	\$ 443,835	9%
Food Expenditures	\$ 306,092	6%
Consultants	\$ 182,237	4%
Supplies and Equipment	\$ 94,530	2%
	<b>\$ 4,899,340</b>	<b>100</b>

SUPPORT FUNDS 10/01/09 to 9/30/10		
Grants - Federal	\$ 2,701,323	55%
Grants - State	\$ 771,726	16%
In-Kind Donations	\$ 550,605	11%
USDA Reimbursement	\$ 428,519	9%
Other	\$ 366,421	7%
Grants - Local	\$ 80,746	2%
	<b>\$ 4,899,340</b>	<b>100%</b>

Androscoggin Head Start and Child Care...

- Employs 109 citizens of Androscoggin County, currently spending \$3,325,862. million dollars in wages and benefits annually.
- Provided career development opportunities to parents of the children enrolled; 25 of whom are now paid employees.
- Utilized 426 parent volunteers and 297 community volunteers last year.
- Received \$429,131., in donated facilities, \$88,635., in donated services, and \$32,838., goods from the community.
- Spends only 9% of the operating funds on administration.

The Agency continues to be a good investment in children at the critical time of their development. According to noted economists, including Nobel Laureate James Heckman and former Federal Reserve economist Art Rolnick, the substantial return on investment of high-quality early childhood education makes it a sound public investment that benefits taxpayers. In fact, research has found the return on investment of high-quality early childhood programs to be up to \$16 for every \$1 invested. Significant savings for federal, state, and local governments are achieved through decreased spending on education remediation and special education, less crime, improved health outcomes, higher high school graduation and college matriculation rates, decreased dependence on welfare, and increased tax revenues.



Androscoggin Head Start and Child Care is funded in part by the United Way, State of Maine D.H.H.S., and Lewiston and Auburn Community Development Block Grants.



**DO YOU WANT A CAREER WITH ANDROSCOGGIN HEAD START?**

Visit [www.AndroscogginHeadStart.org](http://www.AndroscogginHeadStart.org)  
for current employment opportunities

## **NOW ACCEPTING APPLICATIONS**

Androscoggin Head Start and Child Care is currently accepting applications for children, 6 weeks to 5 years old, and pregnant women. We offer eligible children a safe and nurturing environment, providing health screenings, healthy meals, and school readiness programs. Diapers, wipes and formula are provided at no cost.

Our Head Start Pre-K and Child Care centers, as well as Early Head Start, are open from 6:30 am to 5:30 pm.

**Your child can have fun while learning!**

**Call 795-4040**

***Androscoggin  
Head Start  
and Child Care***

269 Bates Street  
Lewiston, ME 04240  
(207) 795-4040



***Give your child a Head Start!  
Call 795-4040 ext. 325 for more information***

